

# Rising Dragon Martial Arts (llc)



## Application

Name \_\_\_\_\_ Phone \_\_\_\_\_

Parents \_\_\_\_\_ Wk Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_

Birth date \_\_\_\_\_ Age \_\_\_\_\_

How did you find us: ( ) Friend ( ) Website ( ) Saw our Building ( ) Other

### Training Program(s) Interested in:

Self Defense

( ) Kung Fu

( ) Kenpo

Health & Peace

( ) Tai Chi

Fitness & Sport

( ) Kickboxing

**Kung Fu & Kenpo** programs teach discipline, health and fitness, and all manners of self-defense.

(Kung Fu emphasizes circular and long range motion; Kenpo emphasizes rhythmic and short range motion.)

**Tai Chi** teaches health, stress reduction, an overall sense of well-being and self-defense.

**Kickboxing** improves cardio vascular fitness and body toning while teaching full contact fighting.

### Experience and History:

Martial Art Style \_\_\_\_\_ School \_\_\_\_\_

Years Studied and Rank \_\_\_\_\_

Please note any medical or health concerns, or any medications that the student has \_\_\_\_\_

\_\_\_\_\_

### Commitment:

*I will strive to follow the codes of the Rising Dragon Martial Arts school including faith, love, honor and courage. I will seek peace always and only use my martial art skills to protect myself and others. I realize misuse of my skills inside or outside of class may result in my dismissal from the school. Rather I will train in spirit and body striving to be a warrior with compassion.*

Signed \_\_\_\_\_

Date \_\_\_\_\_